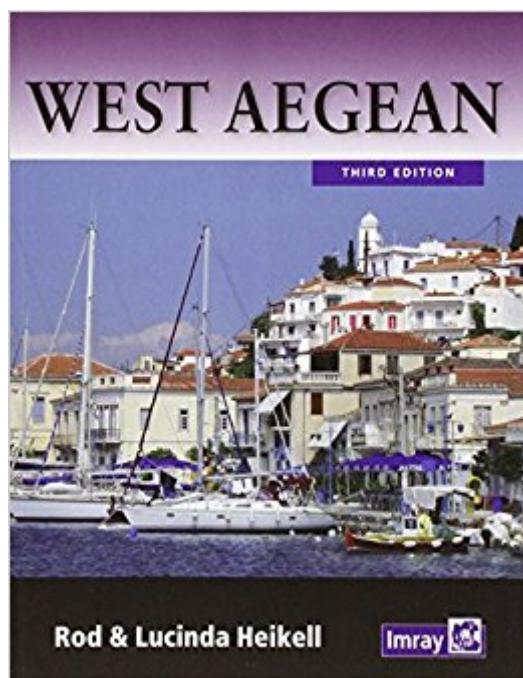


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# West Aegean: The Attic Coast, Eastern Peloponnese, Western Cyclades And Northern Sporades



## Synopsis

Rod Heikell's 'West Aegean' is a cruising guide to the Attic coast, Eastern Peloponnese, Western Cyclades and Northern Sporades. It is the ideal companion for charterers and flotilla sailors providing not only clear pilotage but also background information on visiting Greece, notes on history, food and wine and places to visit on the coast and inland. It runs from Corinth to Cape Sounion. Covers Aigina and Poros in the Saronic Gulf, and down the eastern side of the Peloponnese, including Idhra and Spetsai, to Monemvasia and Cape Malea. It includes the Western islands of the Cyclades: Kea, Kithnos, Serifos, Sifnos and Milos. This new edition has been thoroughly updated and throughout there are many new and revised plans and photos

## Book Information

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## Customer Reviews

Rod Heikell was born in New Zealand in 1949 and sailed hesitantly around bits of its coast in a variety of yachts. He tried racing in the Hauraki Gulf but was really not much good at it. In England he abandoned academic life and for no good reason other than curiosity, he bought Roulette, a 1950's plywood JOG yacht nearly 20ft long, and sailed it down to the Mediterranean. He worked on charter here and delivered yachts until, in ignorance of the scale of the task, he set off to write a yachtsman's guide to Greece. This was followed by guides for other countries in the Mediterranean. He has sailed back and forth between England and the Mediterranean including a trip down the Danube and on to Turkey in Rosinante, an 18ft Mirror Offshore. In 1996 he took his fourth yacht, his beloved Tetra, to SE Asia and back for the research for Indian Ocean Cruising Guide. Apart from sailing the 'wrong' way and back again the 'right' way across the Indian Ocean in Tetranora, his

beloved 31ft Cheverton New Campaigner, he has done two transatlantics in seven tenths and two transatlantics on Skylax, his present yacht. He has also cruised extensively in other parts of the world on other yachts. Skylax is now back in the Mediterranean after her circumnavigation being readied for new adventures. He always returns to the Mediterranean, his favourite cruising grounds, where with his wife Lu he updates his guides on the area. His latest books are The Trade Wind Foodie and The Accidental Sailor. Some of these books have been translated into French, German, Italian, Spanish, Russian and Turkish. Also edits the Imray-Tetra chart series for the eastern Mediterranean. Articles have appeared in Yachting World, Yachting Monthly, Practical Boat Owner, Sailing Today, Yacht, Sail, and other magazines.

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